



Upper Elementary, Middle School, High School

Pronouns

Gender Pronouns				
Subjective	Objective	Possessive	Reflexive	Examples
He	Him	His	Himself	He is walking. It belongs to him. The record is his. He bought himself a Coke.
She	Her	Hers	Herself	She is walking. It belongs to her. The record is hers. She bought herself a Coke.
They	Them	Theirs	Themselves	They are walking. It belongs to them. The record is theirs. They bought themselves a Coke.
Ze	Hir/Zir	Hirs/Zirs	Hirself/Zirself	Ze is walking. It belongs to hir. The record is zirs. Ze bought hirself a Coke.
Ve	Ver	Vis/Vers	Verself	Ve is walking. It belongs to ver. The record is vers. Ve bought verself a Coke.



They/Them



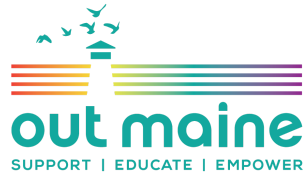
[They/Them Pronouns - How do I remember to use them?](#)

[YouTube video 1 minute](#)



Why Pronouns Matter For Trans People

[YouTube video 2 minutes](#)



What pronouns do you use?

Why are pronouns so important to many trans and non-binary people?